Confirmed diagnosis of EoE

Discuss therapeutic options (diet, steroids)

Diet: Empiric Elimination
Tailored Elimination
Amino Acid Formula

Steroids: Topical swallowed steroids (rarely systemic steroids)

Monitor for symptoms: Repeat EGD with biopsies 4-12 weeks

Follow up endoscopy:
- If symptoms recur
  - If asymptomatic: consider on individual basis

Poor adherence? Adapt treatment
No resolution of inflammation
Resolution of inflammation

Drug titration and/or step-wise food re-introduction